



# **AIZAWL COLLEGE OF NURSING**

**Motto : Shine Your Light**

## **PROSPECTUS**

**2025 – 2026**

**RAMRIKAWN - TUIVAMIT, AIZAWL. MIZORAM – 796007**

**Phone: 6909389522 / 6909389526 email: [aizawlcollegeofnursing@gmail.com](mailto:aizawlcollegeofnursing@gmail.com)**

**Website: [www.aizawlcollegeofnursing.com](http://www.aizawlcollegeofnursing.com)**

## APPLICATION & REGISTRATION

Prospectus and application form available at:

- Aizawl College of Nursing, Ramrikawn, Aizawl
- Eye Care Hospital, Dawrpui South, Aizawl
- Ebenezer Medical center, Chawnpui
- [www.aizawlcollegeofnursing.com](http://www.aizawlcollegeofnursing.com)

Last date for submission of required documents	<b>4<sup>th</sup> July 2025 (3:00PM)</b>
Entrance Examination	<b>Date : 5<sup>th</sup> July 2025</b> <b>Time : 11:00AM – 01:00PM</b> <b>Venue : NEUHOF English Medium School, Chanmari. Aizawl</b>
Interview & Counseling	<b>Date : 7<sup>th</sup> - 8<sup>th</sup> July 2025</b> <b>Time : 9:00AM – 05:00PM</b> <b>Venue : Principal Office, Aizawl College Of Nursing</b>
Admission	<b>9<sup>th</sup> – 16<sup>th</sup> July 2025</b>

### IMPORTANT NOTICE

1. All Applicants are advised to read the Prospectus carefully before filling the application form.
2. Please do not wait till the last moment for registration (CHECK THE LAST DATE FOR REGISTRATION)
3. In the event of Net Banking / Debit Card / Credit Card not being accepted, Aizawl College of Nursing shall not be responsible for non-payment.
4. Incomplete applications will be rejected.
5. The list of shortlisted candidates will be made available on the website ([www.aizawlcollegeofnursing.com](http://www.aizawlcollegeofnursing.com)) and email/SMS alert to the registered e-mail id/ mobile no. will be sent.
6. Candidates are advised to regularly visit the official website of Aizawl College of Nursing for any upload with regard to admit card, result, Seat Allocation etc.



*It is a privilege for me to deliver the prospectus to the upcoming global nursing leaders and young professionals. There are plenty of opportunities for competent individuals to pursue fulfilling careers, and one of our Trust's goals is to develop the next generation of leaders who will shape the future both domestically and globally.*

*We are committed to helping our students strengthen their organizational abilities and knowledge to accelerate their professional development. Our goal is to help this nation's young professionals apply the concepts they learn to their profession and incorporate them into their careers by providing them with information and skills.*

*Since our motto is "Shine your Light," we are dedicated to helping students succeed and achieve academic accomplishment so they can shine their light on the world.*

*Since education is the cornerstone of all success and achievement, we believe that the level of professionalism and education you receive from our college will set you apart both personally and professionally and be an asset for a lifetime.*

*No matter how difficult things get, overcoming your fear of failing is the key to success, as one's attitude defines their destiny.*

*It is currently the duty of nursing professionals to act as liaisons between physicians, patients, and other healthcare providers in an effort to improve healthcare. You have a significant impact on improving the quality of life for both our and your future generations.*

*I send you my warmest wishes for further success in both your personal and professional life.*

  
**(Dr. KL REMSANGA)**  
**Chairman**

**Aizawl College of Nursing**



*It is a privilege and an honor, as the Principal of Aizawl College of Nursing, to be able to serve at a decent nursing institution. Our institute offers a 4-year degree course in Registered Nursing and Registered Midwifery.*

*Nursing, in my opinion, is a unique profession that blends cognitive, psychomotor, and affective domains. Nursing education empowers one to lift oneself from darkness to light.*

*I believe that education should not be confined only to books but should empower individuals to explore various avenues. The students who join the institute are young with creative minds and ideas of their own. Each of them has innate abilities and strengths. As facilitators, mentors, and educators, it is our bound duty to tap into their interests and to build and inculcate the right values among them. The focus of the institute is to develop the personality of the student and to prepare nurses with excellent skills, the right knowledge, and a kind and proper attitude.*

*The faculty, along with all the non-teaching and supportive staff, strive to provide quality nursing education in order for students to render standard nursing care in the healthcare area and to produce eligible nurses to work within the country as well as throughout the world. It is also a privilege for the students to have clinical postings at a renowned NABH-accredited Hospital like Ebenezer Medical Center to be guided under efficient hospital staff with excellent facilities.*

*As Principal, I look forward to seeing the institute in the limelight and being recognized as one of the best Nursing Institutions.*

(KAPZAWNI)

Principal

Aizawl College of Nursing



*It is my pleasure to extend a very warm welcome to you on behalf of Ebenezer Medical Center, which is the parent hospital for Aizawl College of Nursing, to the new aspirants seeking admission to this institute for a brilliant career in Nursing.*

*Ebenezer Medical Center has clearly laid down our vision, which is "Transforming lives through healthcare", and we value your participation in our endeavour to fulfil our vision. We intentionally join hands with Aizawl College of Nursing to utilize Ebenezer Hospital's infrastructures, facilities, and intellectual capital to achieve our vision and values.*

*It shall be our endeavour to prepare nurses with a sound educational program and quality training at the first NABH accredited hospital in Mizoram, with efficient staff, so that they may serve the patient and the institutions with extra care and meet the basic health needs of the community.*

*We are conscious of the changing needs of society; hence, we shall emphasize imparting education and training to the students beyond the prescribed syllabus to help them become both excellent professionals and persons of integrity. The curriculum will be flexible enough to keep pace with changes that take place from time to time in the field of nursing and patient care.*

*We hope to live and work together as a family unit and hope that your stay with us will be comfortable, fruitful, and memorable.*

A handwritten signature in blue ink, appearing to be 'V. Chhangte', written in a cursive style.

**(Dr. VANLALSIAMA CHHANGTE)**  
**Medical Director**  
**Ebenezer Medical Center**

## INTRODUCTION – AIZAWL COLLEGE OF NURSING



*The Aizawl College of Nursing is an autonomous, self-financing institution established by the Eye Care Hospital Society, Dawrpui South, Aizawl, Mizoram.*

*The governing body of the Eye Care Hospital Society, Dawrpui 'S', Aizawl, Mizoram, deliberated the possibility of establishing a much-needed College of Nursing in Aizawl. Therefore, the board envisioned a college that imparts quality Nursing Education in Mizoram.*

*The meeting made a final resolution to establish the Aizawl College of Nursing at Ramrikawn - Tuivamit, Aizawl, driven by a strong felt-need of the people and a desire to serve communities by providing quality nursing education. Ebenezer Medical Centre, Chawnpui, agreed to be our parent hospital.*



## INTRODUCTION – EBENEZER MEDICAL CENTER (PARENT HOSPITAL)



*Ebenezer Medical Center, a 200-bedded hospital nestled in the heart of Chawnpui, Aizawl, has rapidly emerged as one of the most trusted private healthcare providers in Mizoram since its inception on August 1, 2018. Renowned for its commitment to excellence, Ebenezer Medical Center holds the distinction of being the first hospital in Mizoram to earn accreditation from the National Accreditation Board for Hospitals & Healthcare Providers (NABH), a testament to our dedication to providing quality healthcare.*

### **Mission & Vision**

- *Creating state of the art Medical Center, assuring the highest standards in clinical & service quality.*
- *Adhering to the moral principles and professional standards.*
- *Empowering healthcare professionals through continuous research & medical education.*
- *Endeavoring to meet both physical and spiritual needs.*

*At Ebenezer Medical Center, our mission is to establish a state-of-the-art medical facility that consistently upholds the highest standards in both clinical and service quality. We are deeply committed to maintaining ethical practices and professional standards, ensuring that every patient receives compassionate and comprehensive care. Our vision extends beyond medical treatment; we aim to empower our healthcare professionals through ongoing research and medical education, fostering a culture of continuous improvement*





*and innovation. Additionally, we endeavor to address the holistic needs of our patients, nurturing both their physical and spiritual well-being.*

### **Why Choose Ebenezer Medical Center?**

*Choosing Ebenezer Medical Center means entrusting your health to a dedicated team of experts who prioritize your well-being above all else. Our hospital is equipped with cutting-edge technology and staffed by highly skilled professionals who are passionate about providing exceptional care. Whether you require routine medical services or advanced treatments, you can rely on us to deliver personalized and effective healthcare solutions.*

#### **AFFILIATED HOSPITAL**

1. Mizoram State Cancer Institute, Zembawak
2. Kulikawn Hospital, Kulikawn
3. Aizawl Hospital and Research Centre, Khatla
4. Greenwood Hospital, Bawngkawn
5. Seventh Day Adventist Hospital, Seventh Day Tlang
6. Community Health Centre, Thenzawl
7. Urban Primary Health Centre, Chawlhmun - Aizawl

#### **AIMS**

- To equip nurses with the skills to deliver holistic nursing care and serve as valued members of the healthcare team.
- To empower graduates to assume professional roles as competent nurses and midwives, capable of providing promotive, preventive, curative, and rehabilitative services across diverse healthcare settings.
- To cultivate and demonstrate leadership and managerial skills within both clinical and community settings.
- To conduct research studies tailored to identified needs and utilize their findings to enhance the quality of nursing care.
- To provide nursing care in accordance with the code of ethics and professional conduct.

#### **OBJECTIVES**

On completion of four years, the graduates will be able to: -

- To deliver nursing care collaboratively with individuals and groups, following the steps of the nursing process.
- To demonstrate critical thinking skills in decision-making to ensure the delivery of quality nursing care.
- To incorporate the latest trends and technology into healthcare delivery.

- Apply knowledge from physical, biological, and behavioral sciences, including alternative systems, in providing nursing care to individuals, families, and communities.
- Demonstrate an understanding of lifestyles and other factors influencing the health of individuals, groups, and communities.

## PHILOSOPHY

Aizawl College of Nursing believes that:

- Health and wellness are fundamental concepts integrated throughout the program. Health, encompassing physical, psychological, social, economic, and spiritual dimensions, defines well-being. Nurses and midwives uphold human differences, respecting patient rights and delivering ethical care with dignity.
- Nursing science encompasses clinical competence, critical thinking, communication, teaching, learning, caring, and cultural competency.
- Nursing science offers qualified professionals a wealth of opportunities in practice, education, management, and research, both in India and abroad.
- Faculty serve as role models, fostering students' clinical skills, curiosity, and lifelong learning attitude, while ensuring accountability for providing quality training and care.
- Nursing involves explaining reality, shaping society, and anticipating the future.
- The nursing profession contributes to the health and well-being of individuals, families, and communities, instilling the values of genuine care and service in students.
- Nursing, as a holistic profession, identifies health needs, provides quality care, and collaborates with other healthcare professionals for comprehensive patient support.

## VISION

- The vision of Aizawl College of Nursing is to provide quality higher nursing education, inspiring, preparing, and empowering students to succeed in a changing world.
- Nurturing emerging disciplines and fostering the creation of new knowledge and creative expression in response to a rapidly changing world.
- Leveraging emerging technological tools to develop skilled manpower and bridge the gap between social needs and higher education.
- Cultivating activities aimed at developing students into independent-minded, responsible global citizens.
- Providing career opportunities within India and abroad to drive changes and progress towards healthcare in society.



## MANAGING BOARD



Dr. KL Remsanga  
Chairman



Dr. Vanlalsiama Chhange  
Vice – Chairman



RC Zoramchhana  
Secretary



Dr. Joseph Lalhminglana  
Executive Member



Lalrinawmi Pachuau  
Executive Member

## TEACHING STAFF



Mrs. Kapzawni  
Principal  
M.Sc. Obstetrics & Gynaecological Nursing



Ms. Laltpui  
Assistant Professor  
M.Sc. Child Health Nursing



Ms. Julie Vanlalsawmi  
Assistant Professor  
M.Sc. Community Health Nursing



Ms. Lalmuanpui Ralte  
Tutor  
B.Sc. Nursing



Ms. Lalzampui  
Tutor  
M.Sc. Child Health Nursing



Ms. Emmie Lalruatkimi  
Tutor  
B.Sc. Nursing



Ms. C. Lalmangaihzuai  
Tutor  
P.B.B.Sc. Nursing



Ms. R. Vanlalngaihawmi  
Tutor  
M.Sc. Medical Surgical Nursing (Oncology)



Ms. H. Lalmangaihzuai  
Tutor  
P.B.B.Sc. Nursing

## NON - TEACHING STAFF



Mr. Robert Vanlaruata  
Administrative Officer



Ms. Ruthi Lallawmzuali  
Warden



Ms. Zonunsangi  
Warden



Mr. Richard Pakunga  
Librarian



Ms. Christina Vanlalnghaki  
PA to Principal



Ms. Josephine Lalrinliani  
Accountant

## SYLLABUS OF B.Sc. NURSING COURSE

I SEMESTER	II SEMESTER	III SEMESTER	IV SEMESTER
<ul style="list-style-type: none"> <li>• Communicative English</li> <li>• Applied Anatomy</li> <li>• Applied Physiology</li> <li>• Applied Sociology</li> <li>• Applied Psychology</li> <li>• Nursing Foundation I</li> </ul>	<ul style="list-style-type: none"> <li>• Applied Biochemistry</li> <li>• Applied Nutrition &amp; Dietetics</li> <li>• Nursing Foundation II</li> <li>• Health/ Nursing Informatics &amp; Technology</li> </ul>	<ul style="list-style-type: none"> <li>• Applied Microbiology, and Infection Control including Safety</li> <li>• Pharmacology I</li> <li>• Pathology I</li> <li>• Adult Health Nursing I with integrated pathophysiology</li> </ul>	<ul style="list-style-type: none"> <li>• Pharmacology II</li> <li>• Pathology II &amp; Genetics</li> <li>• Adult Health Nursing II with integrated pathophysiology including Geriatrics</li> <li>• Professionalism, Professional Values &amp; Ethics including Bioethics</li> </ul>
V SEMESTER	VI SEMESTER	VII SEMESTER	VIII SEMESTER
<ul style="list-style-type: none"> <li>• Child Health Nursing I</li> <li>• Mental Health Nursing I</li> <li>• Community Health Nursing I (including environmental science and epidemiology)</li> <li>• Education Technology/ Nursing Education</li> <li>• Introduction to Forensic Nursing and Indian Laws</li> </ul>	<ul style="list-style-type: none"> <li>• Child Health Nursing II</li> <li>• Mental Health Nursing II</li> <li>• Nursing Management and Leadership</li> <li>• Midwifery/ Obstetrics &amp; Gynaecology I</li> </ul>	<ul style="list-style-type: none"> <li>• Community Health Nursing II</li> <li>• Nursing Research and Statistics</li> <li>• Midwifery/ Obstetrics &amp; Gynaecology II</li> </ul>	Internship (Intensive Practicum/ Residency Posting)

## FEE STRUCTURE

### MONTHLY FEE

PARTICULARS	I SEM	II SEM	III SEM	IV SEM	V SEM	VI SEM	VII SEM	VIII SEM
<b>Course Fee</b>	₹ 21104	₹ 21104	₹ 21087	₹ 21087	₹ 19103	₹ 19103	₹ 18602	₹ 18602
<b>Library Fee</b>	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500
<b>Laboratory Fee</b>	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500	₹ 500
<b>Mess fee</b>	₹ 3000	₹ 3000	₹ 3000	₹ 3000	₹ 3000	₹ 3000	₹ 3000	₹ 3000
<b>Accommodation</b>	₹ 2000	₹ 2000	₹ 2000	₹ 2000	₹ 2000	₹ 2000	₹ 2000	₹ 2000
<b>TOTAL</b>	₹ 27104	₹ 27104	₹ 27087	₹ 27087	₹ 25103	₹ 25103	₹ 24602	₹ 24602
<b>Security Deposit</b>	₹ 12000 (Refundable) – To be paid at the time of admission							

**Note :** The fee structure mentioned above is for the current academic session, i.e., 2025-2026 only. Fees are subject to change from year to year, and candidates are requested to refer to the latest prospectus for confirmation.

## STUDENT BENEFITS

### EYE CARE HOSPITAL :

- Students requiring medical (eye) treatment will be eligible for a 50% discount on all investigation and consultation charges, excluding medicine charges and spectacle costs.
- Students requiring surgical (eye) treatment will be eligible for a 10% discount on the total surgical charge package, excluding medicine charges and spectacle costs.

**EBENEZER MEDICAL CENTER :** Students are eligible for 20% discounts on Investigation (Except Special Investigations)

## INFRASTRUCTURE

### NURSING FOUNDATION INCLUDING ADULT HEALTH NURSING AND ADVANCED NURSING LABORATORY :

Nursing Foundation including Adult Health Nursing and Advanced Nursing Laboratory is well-equipped with 10 beds and all necessary items for nursing procedures, ensuring comprehensive care for clients admitted to hospitals. All procedures will be demonstrated by Clinical Instructors in the college laboratory before students begin their clinical postings.



### PRE – CLINICAL SCIENCE LABORATORY :

The laboratory is well-equipped with models, microscopes, specimens, and other necessary equipment to enable students to acquire knowledge of anatomical structures and functions, as well as the biochemical composition and alterations of human body systems.





## **NUTRITION LABORATORY :**

The Nutrition Laboratory is equipped and well-furnished with utensils and other necessary articles to prepare different types of normal and therapeutic diets according to the principles of food preparation.



## **OBSTETRICS & GYNAECOLOGICAL NURSING LABORATORY :**

The Obstetrics & Gynaecological Nursing Laboratory at our college is a dedicated clinical learning environment tailored to prepare nursing students with comprehensive knowledge and practical skills essential for caring for women throughout pregnancy, childbirth, postpartum, and reproductive health.

This state-of-the-art facility offers realistic maternity and gynaecological settings, enabling students to gain hands-on experience in antenatal, intra-natal, postnatal, and neonatal care. It is equipped with modern mannequins, birthing simulators, foetal monitors, delivery beds, and anatomical models, all designed to enhance skill-based training in both normal and high-risk obstetrics procedures.



## **CHILD HEALTH NURSING LABORATORY :**

The Child Health Nursing Laboratory at our institution is a state-of-the-art facility designed to foster practical learning in pediatric nursing. It provides students with the opportunity to develop the knowledge, skills, and confidence necessary to deliver high-quality care to infants, children, and adolescents. The laboratory offers a dynamic, hands-on environment where students can engage in practical training activities that complement their theoretical coursework, ensuring they are well-prepared for clinical practice in child health nursing.



## **COMMUNITY HEALTH NURSING LABORATORY :**

The Community Health Nursing Laboratory is an essential facility aimed at preparing students to deliver effective and holistic healthcare in community settings. It offers a variety of models, materials, and tools to facilitate hands-on learning experiences, including conducting home visits and providing family-centered care. Additionally, the laboratory is equipped with resources focused on environmental sanitation and epidemiological assessments, enabling students to develop competencies in



assessing community health needs, implementing preventive measures, and promoting health at the population level. This practical exposure is vital for fostering the skills necessary to address diverse health challenges within communities.

### **COMPUTER LABORATORY :**

Aizawl College of Nursing has a fully equipped computer laboratory with multimedia and internet facilities, aimed at developing a basic understanding of computer usage and its applications in nursing.



### **LIBRARY & CLASSROOM :**

The college boasts spacious and excellent library and classroom facilities, featuring proper lighting and ventilation. It is well-equipped with an extensive collection of books, including the latest editions, nursing journals, magazines, newspapers, and other health-related literature. Additionally, internet facilities, interactive board, printing and xerox machines are available.



### **HOSTEL :**

Aizawl College of Nursing offers well-furnished and secure hostel facilities to ensure students enjoy a comfortable and supportive environment conducive to both academic and personal growth. Separate hostels for boys and female students are supervised by dedicated and qualified wardens to maintain discipline, safety, and smooth daily operations. Each hostel is equipped with amenities such as Free Wifi, water coolers, geysers, generator, attached bathrooms (in Hostel II), washing machines, spacious rooms, ample lighting, proper ventilation, and essential furnishings, all designed to create an inviting and comfortable living space for students.



## ADMISSION CRITERIA

1. The minimum age for admission shall be 17 years on 31st December of the year in which admission is sought. The maximum age limit for admission shall be 35 years.
2. Minimum Educational Qualification
  - a) Candidate with Science who have passed the qualifying 12th Standard examination (10+2) and must have obtained a minimum of 45% marks in Physics, Chemistry and Biology taken together. The candidate must have passed in English individually.
  - b) Candidates are also eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government having Science subjects and English only.
  - c) English is a compulsory subject in 10+2 for being eligible for admission to B.Sc. (Nursing).
3. Color blind candidates are eligible provided that color corrective contact lens and spectacles are worn by such candidates.
4. Candidate shall be medically fit.
5. Married candidates are also eligible for admission.
6. Students shall be admitted once in a year.
7. Selection of candidates should be based on the merit of the entrance examination. Entrance test shall comprise of:
  - i. Aptitude Test 20 marks
  - ii. Physics 20 marks
  - iii. Chemistry 20 marks
  - iv. Biology 20 marks
  - v. English 20 marks

The minimum qualifying criteria of entrance test to admission to B.Sc. Nursing is as under :

General	50th percentile
General – PwD	45th percentile
SC/ST/OBC/PwD	40th percentile

### 8. Reservation Policy :

**Reservation of seats in for admission in Nursing Colleges for SC/ST/OBC/EWSs/PH :** Admission under the reserved quota shall be subject to reservation policy and eligibility criteria for SC/ST/OBC/EWSs prescribed by the Central Govt./State Govt./Union Territory as applicable to the College concerned. In respect of candidates belonging to SC/ST/OBC the marks obtained in 3 core subjects shall be 40% instead of 45% for General category candidates.

**Reservation for disability :** 5% Disability reservation to be considered for disabled candidates with a disability of loco-motor to the tune of 40% to 50% of the lower extremity and other eligibility criteria with regard to qualification will be same as prescribed for General category candidates. The upper age limit shall be relaxed by 5 years for disabled candidates.



9. **Foreign Nationals :** The entry qualification equivalency i.e., 12th standard will be obtained by Association of Indian Universities, New Delhi. Institution, SNRC and University will be responsible to ensure that the qualification and eligibility will be equivalent to what has been prescribed by the Council.

## ANTI-RAGGING

Ragging is strictly prohibited within the College, Hostel, and Hospital Campus. Any students found engaged in ragging will face penalties as prescribed by The Hon'ble Supreme Court of India (May 2007). All students and parents are required to carefully read the instructions of the Hon'ble Supreme Court. Any student violating these instructions shall be immediately punished by the institution, and an FIR will be lodged against the person involved. An undertaking is to be filled out and signed by the candidate, confirming awareness of the institution's approach towards ragging and the punishment for involvement. A similar undertaking shall be obtained from the parents/guardian of the applicant. An Anti-Ragging Committee has been constituted in the College under the supervision of the Principal.



Representative of Anti – Ragging Committee

## WITHDRAWAL FROM COURSE

According to university policy, students are not released from their courses once enrolled. If a student chooses to leave the college after admission to the program, they must notify the college in writing and include a letter of consent from their parents. However, they will be required to pay the remaining full course fee for the Nursing Program, and fees already paid will not be refunded.



### COLLEGE SESSION

*Norms given by the Indian Nursing Council will be followed.*

- Commencement of Odd semester and Even semester B.Sc. Nursing Course for will start at 1<sup>st</sup> August and 1<sup>st</sup> February of every year respectively.

### COLLEGE TIMING

**Summer : 09:00 am – 05:00 pm**  
**Winter : 09:00 am – 04:00 pm**  
**(Timing may vary during clinical posting)**

1. Students are expected to maintain punctuality throughout the training period i.e.

Classroom	Leave	Any college program
Clinical areas	Examination hall	
Hostel	Evaluation	
2. All students should reach the classroom/ clinical posting area on time and shall not leave the classroom/ clinical posting area without permission of the teacher.
3. Students are expected to attend all classes/ posting without fail. Leave or late without permission shall be put as absentee. In case of leave without permission, necessary actions will be taken by the Disciplinary Action Committee (make-up duty of four days to compensate one day leave).
4. If any student bunk classes/ duties, they will be called along with their parents by the Disciplinary Action Committee and they will be given a make-up duty of four days to compensate one day leave.

### UNIFORM

5. Students are required to wear full uniform during hospital and college hours. Jewelries, painted fingernails and colored contact lenses are not allowed. Use of watch is permitted.
6. Avoid wearing informal dress (e.g. Slippers, shawl, short pants etc.) in Principal room, Teaching Faculty room and Office. Use of Make-up (fake eyelashes, eyebrows, eyeshadow, eyeliner, tattooed body disfiguration, perfume) while wearing uniform is strictly prohibited.
7. Students must always wear the identity card issued by the college with the recent photograph affixed.
8. Hair should be neat and clean. Hair should be styled off the face and out of the eyes.
9. Shoes should be polished, neat and clean and always with closed toes.
10. Good personal hygiene is to be maintained at all times.
11. Necessary actions shall be taken if found guilty (Confiscation of item)

### GADGETS

12. Students are prohibited to bring and use mobile phones, tablet, earphones, air pods, laptop etc. during class/ clinical hours.
13. Avoid posting of pictures, videos, caption regarding possible defamation of the institution in any social media platform, if caught their electronic gadgets will be confiscated.
14. Students can pay a fine of Rs. 5000/- at the end of the course if they want to take back their confiscated phone and an amount of Rs. 10000/- at the end of the course if they want to take back their confiscated laptop in their first attempt of misconduct. If students are found to repeat the same misconduct, they will not be able to take back their phone and laptop after the end of the semester. If students are found to repeat the

same misconduct for the third time, they will not be able to take back their phone and laptop after the end of the semester including cancellation of night out for a period of two months.

15. Other confiscated electronic gadgets shall not be given out even after the end of the course.

### **CUSTODY**

16. Students are required to keep safe custody of their valuables.

17. Students are not allowed to keep large amount of money in cash within the campus. In case of loss of valuable items (money, gold, silver etc.), the institution will not take any responsibility.

18. Each student is responsible for the proper handling and safe custody of any apparatus or equipment that he/she may be using in different nursing labs. Misuse or negligence will result in replacement of the particular by the candidate.

19. All books are to be used with care. If a book while under issue to anyone be damaged or lost, the person in whose name the book is issued, will be held responsible for the cost of repair to the satisfaction of the Library Committee.

20. All lights and fans must be switched off before leaving the room, failing which a fine will be imposed for each item found to be on when the room is locked.

21. In case of damage of property, the student will compensate in cash or in kind of the same item.

### **USE OF TOBACCO AND OTHER SUBSTANCES**

22. The college/ hostel/ hospital campus is a no smoking/ alcohol free zone. Use of tobacco products, alcohol and drugs are strictly prohibited. If caught, they will be fined Rs. 500/-. Additionally, if caught for the second time the doer may be punished according to the severity (confiscation of phone, cancellation of night out).

### **RAGGING**

23. Ragging is prohibited within the hostel campus, college campus, clinical campus and during co-curricular activities. Showing respect for teachers, staffs, elders and seniors may not be considered as ragging.

24. Students found guilty of ragging will be dismissed from the college as per the Supreme Court Order.

### **MEMBERSHIP**

25. Membership in the recognized Student Nurses Association and Evangelical Nurses Fellowship is compulsory.

### **LEAVE**

26. In case of illness, students must bring an application forwarded by the Hostel Warden, Doctor prescription should be obtained and permission shall have to be obtained from the Principal through proper channel to remain absent from studies.

27. In case of terminal illness / death of family members or unpredicted special circumstances, concerned guardian must inform the consequences to the Hostel Warden/ Class Coordinator/ Principal and students must bring an application forwarded by the Hostel Warden and permission shall have to be obtained from the Principal through proper channel to remain absent from studies.

28. In case of Marriage/ Memorial Stone or other predicted special situation, concerned guardian must inform the consequences to the Hostel Warden/ Class Coordinator/ Principal and students must bring an application forwarded by the Hostel Warden and permission shall have to be obtained from the Principal through proper channel prior one month before the date to remain absent from studies.
29. If the students have any problem, they should inform the warden / class coordinators. If the problem is not solved at the warden / class coordinator level, then the warden / class coordinator will present it to the Principal. Exception is allowed only if the problem is urgent/serious. No students must approach the teacher/principal directly if she or he is not called unless special problem arises.
30. If a student is in need to get leave from the college or hospital in the middle of a day, for any emergency, he/she should get permission from the Principal through the class coordinator and get a letter to that effect must be produced from the parent or guardian.

### **PERFORMANCE & ATTENDANCE**

31. Students are required to improve and maintain consistency in their performance in the University/ term examination in order to get promotion.
32. Students are expected to treat the College as their own and to co-operate in its efficient and smooth running.
33. A student nurse is not allowed to receive gift on gravity of any sort at any time from the patients of the hospital and their relatives.
34. The student shall not be allowed to appear in the annual examination of the concerned subject if his/her clinical attendance fall short of 100% of the total session.
35. The student must clear all the dues of the college & hostel before the commencement of exam, otherwise he/she will not be allowed to appear in the exams.
36. The student nurse should always observe the polite standards where ever they go. They should always remember Nursing ethics and etiquette. Students should not indulge in any anti-social activity in or outside college campus. Insulting manners and attitude shown towards College staffs will not be entertained.

### **AFFAIRS**

37. Love affairs among students and students, students and faculty will not be entertained.
38. Pregnancy during the course is strictly prohibited. If such case arises, the student along with her parents will be called by the Disciplinary Action Committee and will also be suspended for a specific period.

### **N.B:**

- If any student is found indiscipline or violating the rules and regulation, College Disciplinary Action Committee reserves the right to take direct action amounting to even expulsion at short notice from the hostel and institution depending on the case.
- Institution has the right to revise rules and regulations from time to time.

## RULES & REGULATION FOR HOSTEL

**HOSTEL SESSION :** College academic session will be followed.

### STUDY HOUR :

Study hour	Theory Block	Clinical Block
Morning	06:00 am -08:00 am	-
Night	07:30 pm -11:00 pm	07:30 pm -11:00 pm
Break	-	09:30 pm -10:00 pm

- Complete silence should be maintained during study hour.
- Each student should be in their own study table during study hour.
- No other activities – bathing, washing etc. are allowed during study hour.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

### RECREATION RULES :

Weekdays	Tuesday & Thursday	Theory Block	05:00 – 06:00 p.m.
		Clinical Block	05:30 – 06:30 p.m.
Weekend	Saturday & Sunday	Saturday	01:00 – 06:00 p.m.
		Sunday	12:00 – 06:00 p.m.

- Students are responsible for keeping recreation room/area neat and tidy.
- Recreation items/products are allowed to use only in scheduled timing.
- Students are not allowed to bring the recreational items inside their room.
- Lost or broken items should be replaced by the faulty students.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

### HOSTEL CLEANLINESS :

- Students are responsible for keeping their room neat and tidy.
- Students will be allotted certain responsibilities for maintenance of cleanliness (e.g. Garbage collector, toilet cleaner, kitchen cleaner, etc.) within the hostel campus. If found not responsible in the allotted area, certain discipline shall be taken according to the severity.
- Bathrooms and latrines are to be kept neat and clean.
- Students should do a proper bed making before leaving their room.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

## **VISITORS :**

- No visitors allowed. In case of special circumstances, the visitors must first approach and report to Warden.
- Students are not allowed to have unauthorized guests in their rooms.
- In case outsiders are found to loiter around the campus (hostel, college, clinical), the faulty along with the concern students shall be punished.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out, not allowing to sit for semester exam).

## **DAY OUT AND NIGHT OUT :**

- Night Out: Students may go for one night-out every month, leaving hostel after class or hospital after clinical duty and must be back at the hostel by the next day on or before-  
Winter : 05:00 pm  
Summer : 06:00 pm
- Night out is to be taken with prior permission of Principal and Warden.
- Out- going register must be filled individually before leaving and returning to hostel.
- Failing to return on time will be penalized (Cancellation of night out and confiscation of phone for a period of one month).

## **MESS :**

<b>Meal Timing</b>	<b>Theory Block</b>	<b>Clinical Block</b>
Morning	08:00 am – 08:30 am	06:00 am – 06:30 am
Lunch	12:00 pm – 01:00 pm	12:00 pm – 01:00 pm
Evening	05:30 pm – 06:00 pm	05:30 pm – 06:00 pm

- Lunch box will be provided during weekdays.
- No meal will be served before or after the scheduled time.
- Meals should be taken only in dining hall. Students are not allowed to carry food items to their room or any other place outside dining hall.
- Wasting food is not encouraged.
- Kitchen staff should not be approached for individual service.
- Mess fee/monthly fee is to be paid on or before 10<sup>th</sup> of each month.
- Students must not take foods out of their provided portion.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

## **ELECTRONICS AND ELECTRICAL GOODS :**

- Mobile phones will be given out to students on Friday Night which is to be submitted to Warden at 7:00 pm on Sunday. Rules may be altered during times of examination and special cases.
- Laptops are allowed only during research work that is in the final year with the permission of the Principal.
- Electric heaters, electric boiler/kettle, hair straightener/curler, etc. are not allowed other than those supplied by the college.
- Any students who violated the rules will be confiscated throughout the course.
- Students can pay a fine of Rs. 5000/- at the end of the course if they want to take back their confiscated phone and an amount of Rs. 10000/- at the end of the course if they want to take back their confiscated laptop in their first attempt of misconduct. If students are found to repeat the same misconduct, they will not be able to take back their phone and laptop after the end of the semester. If students are found to repeat the same misconduct for the third time, they will not be able to take back their phone and laptop after the end of the semester including cancellation of night out for a period of two months.
- Other confiscated electronic gadgets shall not be given out even after the end of the course.

## **SOCIAL WORK :**

- Mass cleaning day will be conducted every Saturday according to the arrangement of the Warden. Students found guilty not to participate in the work will be given appropriate punishment according to the severity.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

## **SAFETY REGULATIONS :**

- Students are responsible for their own belongings.
- Money, jewelry and any other valuable items are to be kept in safe custody.
- College will not take responsibility for any loss of valuables.

## **GENERAL RULES :**

- Students are expected to maintain proper line of channel in case of reporting event and situation.
- The authorities have right for checking of hostel and students' personal belongings any time without prior information to maintain discipline of the hostel.
- Regarding dresses.
  - Decency in dressing and demeanor is a must in hostel.
  - For girls' sleeveless shirt, tight, transparent and short cloth, boxer shorts are not allowed.
  - Students are not allowed to wear bathrobe or towels outside the washroom.
  - Boys must not wear inner vest, boxer, or shirtless outside the room.
  - All pants and skirt must be minimum at least knee length.
- Loitering in the hostel campus during class hour will not be appreciated.
- Any signs of illness should be reported to warden. If unable to attend class, or other social activities application is to be written to Principal through proper channel.

- Students are expected to stay in their allotted room and are not allowed to shift without prior permission of Warden.
- Make sure all fans, lights and taps are off before leaving the room and when not in use.
- Doors, windows and ventilations are to be closed properly before leaving the room.
- Students are not allowed to display items other than bed, study table, books, medium rack, trunk, towel and uniform inside their room.
- Before occupying the room, students will make sure that all the things are in good condition. Breakage if any may be reported at once. In case of any damage done after occupying the room, the cost of the same will have to be borne by the student/students concerned.
- Boys are not allowed in girl's room and vice versa.
- Students are prohibited to enter College, Kitchen and other recreational rooms without permission during off period.
- Washing days, water distribution hours, using of cloth dryer schedule etc. will be arranged by the Warden accordingly.
- Students should interact Warden and IV Grade Staffs with respect.
- Prohibitions –
  - Stealing.
  - Love affair
  - Bullying and ragging in any form
  - Playing cards
  - Musical instruments
  - Gutkha products, alcohol and narcotic consumption, smoking
  - Shifting of furniture from one room to another without prior permission
  - Spitting, pasting or scribbling anything on the walls
- Necessary actions shall be taken if found guilty.
- If found guilty, the doer may be punished by Warden according to the severity (confiscation of phone, cancellation of night out)

#### **ABSCOND :**

- Setting foot out of the hostel campus without Warden permission will be considered as abscond. In case of any students found absconded, necessary actions will be taken by the Disciplinary Action Committee (suspension and not allowing to sit for semester exam).

#### **N.B :**

- If any student is found indiscipline or violating the rules and regulation, College Disciplinary Action Committee reserves the right to take direct action amounting to even expulsion at short notice from the hostel and institution depending on the case.
- Institution has the right to revise rules and regulations from time to time.
- For emergency leave, student should take permission from Principal through Warden.



FIRST BATCH STUDENTS (2024 – 2025)



FIRST BATCH (2024 – 2025) CLINICAL POSTING AT EBENEZER MEDICAL CENTRE







MIZORAM NURSING COUNCIL FIRST INSPECTION - 23<sup>rd</sup> APRIL, 2024



MIZORAM UNIVERSITY FIRST INSPECTION - 4<sup>th</sup> JUNE, 2024





EVANGELICAL NURSES FELLOWSHIP (ENF)  
STUDENT NURSES ASSOCIATION (SNA)  
DIN NI 6<sup>th</sup> AUGUST, 2024



STAFF & STUDENTS  
AIZAWL COLLEGE OF NURSING